



COVID-19 Return to Play - Coach Responsibilities

Before Training Generally

- Communicate with your team prior to training that if parents or players are uncomfortable returning to training at this time, no impacts relating to playing time will occur during the season
- Consult with coach to determine how required Pre-Training Health Questionnaire will be addressed (Google Doc, printed form completed by parents in advance, printed form completed by coach)
- Identify training groups - group must remain the same until full team practice can resume

Before Each Training Session

- Ensure all players have completed the Pre-Training Health Questionnaire
- Send players home if you believe players look or act ill
- Maintain attendance records for each training session
- Ensure all athletes have their individual equipment (ball, water bottles, bag, etc.)
- Establish socially distant locations for each player to place equipment and take water breaks
- Sanitize/clean all practice equipment before and after each session
- Review requirements to stay up to date on changes from prior training session

During Training (Regardless of Phase)

- Ensure no congregation among players and coaches - maintain social distance
- Coach is the only person to handle all practice equipment (cones, disk etc.)
- All training should be outdoors and ensure social distancing
- When not actively coaching, wear a face mask
- No use of community scrimmage vests or pinnies
- No activities that require direct or indirect contact between athletes
- Stagger start times for training to minimize players arriving and leaving at the same time

Phase 3: Larger Group/Team Training – June 29, 2020

- Player to coach ratio per practice group of no more than ten (10) players and one (1) coach. Multiple groups may practice simultaneously but must follow social distance protocols.
- Limited physical contact
- No games or scrimmages are permitted in this phase. Activities should continue to adhere to social distancing policies (e.g. passing patterns, zone games, etc.).
- Limited physical contact is acceptable in accordance with the low touch (only minimal, necessary contact), medium sharing (limited shared items to groups of 50 or fewer) guidelines as determined by the Governor's office.